QC ROCKY REVIEW

The latest news and announcements

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Please remember to download PDF to access all links

FREE WEBINAR



A Leadership Development Conversation & Workshop

> Wednesday, June 29 12:00-1:30 pm CST



Featured Speaker

Dr. Joshua Fredenburg

Author and National Speaker R.E.D. Leadership: 15 Strategic Keys to Retaining, Engaging, and Developing More Culturally Diverse Leaders of the Emerging Generations

Register Today!





Western Illinois University

COLLEGE OF EDUCATION & HUMAN SERVICES

GracCenter
QUAD-CITIES GRADUATE STUDY CENTER



SUMMER CAMPUS HOURS

BEGINNING JUNE 6TH THROUGH JULY 29TH, WE WILL HAVE THE FOLLOWING HOURS:

MON. / WED. / FRI. 8AM - 5PM TUES. / THURS. 8AM - 8PM

NEWS & UPDATES(CON'T)

REGISTER NOW FOR



Western Illinois University SUMMER & FALL COURSES





Media



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on Twitter @WIUQuadCities



on Facebook @WIU.QC



on Instagram @wiuquadcities



on LinkedIn Western Illinois University - Quad Cities

#WIUQC



DEADLINE TO WAIVE INSURANCE COVERAGE IS SEPTEMBER 2, 2022.

1

HOW TO WAIVE:

If you <u>already have your own health insurance coverage</u>, you will need to electronically provide proof of other coverage, as Western Illinois University **requires** students to have health care insurance.

2

LOG ON TO

Academic HealthPlans: https://www2.academichealthplans.com/school/197.html

Your **WIU ID**# is the login and your birthdate (MMDDYYYY) is the passwore

2

SUBMIT FORM:

This form must be approved and on file in the Student Health Insurance Office by the 10th day of Fall and Spring Semesters and the 6th day of Summer Semester

If you have any questions, contact the WIU Health Insurance Office at (309) 298-1882.



NEWS & UPDATES(CON'T)



Four Quad-Cities colleges – Black Hawk
College, Eastern Iowa Community Colleges, St.
Ambrose University and Western Illinois
University – are teaming up for
What's Your 22?

What's Your 22? is a campaign to bring awareness of veteran suicides.

You can help by answering the question, "What's your 22?"

Come up with a way to do 22 things in the year 2022. For example, do 22 pushups, volunteer 22 hours at a homeless shelter, donate \$22 to this campaign, read 22 self-help books, or give up potato chips for 22 days. The list is endless!

The money raised by this campaign will be used for projects and programs for the Quad Cities Student Veterans Advocacy Group.

If you are in crisis and would like to talk to someone, call the National Suicide Prevention Lifeline at 800-273-TALK (8255) or text "HOME" to the Crisis Text Line at 741741. Both services are free, confidential, and available 24/7.



WHAT IS YOUR 22?
Submit a video, photo or link showcasing your challenge. 22 push-ups? 22 days of jogging? Or simply tell us what you're going to do.

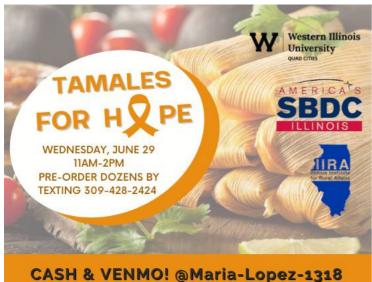


BUY A T-SHIRT:
Designed by Black
Hawk College art
students. Proceeds
benefit the
22in22for22 campaign.



DONATE:
Don't have time to participate? You can still donate to the 22in22for22 campaign.

FOOD AND SNACK OPTIONS ON CAMPUS



CHICKEN TAMALES WITH SALSA VERDE PORK TAMALES WITH SALSA ROJO RAJAS TAMALES (ROASTED PEPPERS & CHEESE)

WESTERN ILLINOIS UNIVERSITY-QC

RIVERFRONT HALL ATRIUM



THURSDAYS 12PM - 7PM 3300 River Drive 34th St. Lot Moline, IL



GORDITAS: 3 FOR \$10

(CHICARRON Y FRIJOLES

MEGA QUESADILLA: \$8

RICE AND BEANS: \$3

CHORIZO Y PAPAS)

(FRIED CORN HOMEMADE TORTILLA

STUFFED WITH MEAT, CILANTRO, ONION)

TACOS DE CANASTA: 4 FOR \$10

MENU

TACOS: \$3 EACH OR 12 FOR \$33

(SOFT SHELL CORN TORTILLA WITH MEAT, CILANTRO ONION)

QUESADILLAS: \$4.50

QUESATACOS: 3 FOR \$10.50

(SOFT FLOUR TORTILLA COVERED IN RED SAUCE. MELTED CHEESE, BARBACOA, CILANTRO, ONION. AND CHEESE)

BURRITOS: \$8.50

TORTAS: \$8

(SOFT BUN, MEAT, LETTUCE, TOMATO, ONION, AVOCADO, JALEPENOS)

CARNES/MEATS:

- · ASADA/STEAK
- AL PASTOR/MARINATED PORK
- POLLO/CHICKEN
- CHORIZO/MEXICAN SAUSAGE
- CAMPECHANO/STEAK&CHORIZO
- BARBACOA/SLOW COOKED BEEF (+\$3.25) CABEZA/COW HEAD/CHEEK (+\$3.25)

ELOTE IN A CUP: \$4

DRINKS:

- · CANNED POP: \$1
- BOTTLED WATER: \$1
- . JARRITOS: \$ 2
- · HORCHATA: \$3







NEED A SNACK IN-BETWEEN CLASS?

ROCKY'S CORNER SELLS DRINKS, SNACKS, AND MORE!

MONDAY - FRIDAY 8:00 AM - 4:30 PM

WESTERN ILLINOIS UNIVERSITY APPAREL | SUPPLIES | MORE



FINANCIAL AID & SCHOLARSHIPS

Register to Win!

Register for Fall 2022 Classes and be entered to win grand prizes!



Must enroll in **6+**

Earn Additional Entries by:

- √ Filing your 2022-23 FAFSA
- ✓ Signing a Housing Contract
- ✓ Attending a University Event



To learn more, visit
WIU.edu/registertowin



Change in Disbursement of Aid Beginning Fall 2022

Beginning with the 2022-23 academic year, federal aid (i.e. Pell, Federal Student/Parent/Grad Direct Loans, Federal Supplemental Education Opportunity Grants, and TEACH grants) will be disbursed and applied to student accounts following the 10th day of the term.

As a result of this delay in disbursement, excess financial aid (federal/state grants, institutional scholarships, and federal direct loans) will be ordered beginning the third week of the semester.

Beginning Fall 2022, all registered students will be allowed to charge up to \$600 each semester at the University Bookstore for required textbooks and supplies (no soft goods) through the 8th day of a term.

Check out the Financial Aid Webpage using the QR Code:



FINANCIAL AID CONTACT

If you have questions please contact the Macomb Financial Aid Department directly:

Phone: 309-298-2446
Email: financial-aid@wiu.edu
Call to schedule a virtual
appointment

SCHOLARSHIPS

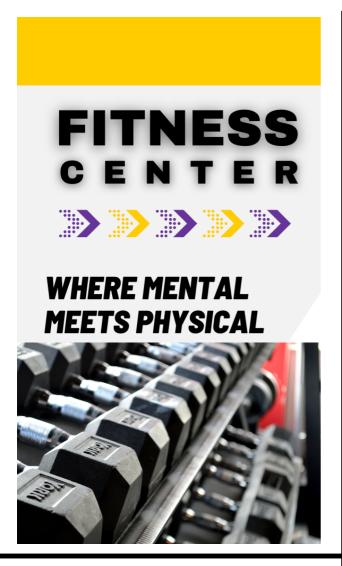
How to Search for Scholarships and Grants

Scholarships and grants are basically gifts which you don't have to pay back. They are awarded based on financial need or merit. Searching for scholarships can be easier if you make a list of characteristics about yourself, skills you have, or activities your are involved in. You can look for scholarships that are awarded ofr the items on your list. Scholarships can also be awarded based on the career you are pursuing. Other great place to look for scholarships are within your local community, associations or organizations.

Scholarship Search Resources

Illinois Student Assistance
Commission
College Greenlight
FastWeb
US Department of Labor Free
Scholarship Search Tool
Scholarship Experts

QC FITNESS CENTER







SUPPORT SERVICES & RESOURCES

UNIVERSITY COUNSELING CENTER

Virtual Counseling Services for Quad Cities Students



The University Counseling Center (UCC) provides free, personal counseling services to currently enrolled Western Illinois University-QC undergraduate and graduate students.

To receive virtual counseling services from the UCC, students must:

- Physically be in the state of Illinois
- Be in a private location to ensure confidentiality, spaces are available at Riverfront Hall reception

Steps to receive counseling from UCC:

- Call UCC at 309-298-2453 during office hours (8:00am-4:30pm), explain you are a Quad Cities student interested in receiving telehealth counseling
- A counselor at UCC will give you a pre screening to determine if telehealth is an appropriate format for you to receive services
- If approved for telehealth, you will be scheduled for an intake appointment; your counselor will send you a zoom link before your session

For more information visit: http://www.wiu.edu/student_success/ucc/

Other crisis numbers:

The Illinois warm line number is 866-359-7953 8am-8pm The Iowa warm line number is 844-775-9276 8 am -8pm The national suicide hotline is 800-273-8255 or text HOME to 741741



STUDENT ACTIVITIES



Chess Club

Tuesday, June 28 @ 6:00 pm Riverfront Hall 103/104

Western Illinois University - Quad Cities

Academic Organizations

Academic Club for Engineering (ACE)
Counseling Association (CA)

Communication Student Society (CSS)

Graduate Experience in Museum Studies (GEMS)

Interdisciplinary English and Arts Society (IDEAS)

Liberal Arts & Sciences Student Organization (LASSO)

Psychology Club

Society of Human Resource Management (SHRM)

Student Honors Association (SHA)

Supply Chain Management Student Association (SCMSA)

GET INVOLVED

Cultural Organizations

QC Cultural Alliance

Leadership Organizations

Student Government Association (SGA)

Social/Support Organizations

Anime-Manga Organization Board Game Club Chess Club ESports Club

Student Publication

The Edge





THIS WEEK'S SCHEDULE

TUESDAY, JUNE 28

6:00 PM CHESS CLUB

RIVERFRONT HALL 103/104

THURSDAY, JUNE 29

11:00 AM - 2:00 PM TAMALES FOR HOPE FOOD VENDOR

RIVERFRONT HALL

THURSDAY, JUNE 30

12:00 PM - 7:00 PM TACOS AL VAPOR FOOD TRUCK

RIVERFRONT HALL PARKING LOT







DON'T MISS OUT ON ANYTHING, CLICK HERE TO FOLLOW WIU-QC ON ALL SOCIAL MEDIA!











REMINDER: FOR LINKS, DOWNLOAD THE PDF VERSION!