

Minutes 1:30PM-2:30PM

Date: 10/19/2017

Time: 1:30

Location: QC Complex 2222

MEETING FIVE

Meeting Called By	Becky Herbig (Vice-President)
Type of Meeting	Standard
Facilitator	Ryan Colclasure
Note Taker	Diane Hudson
Time Keeper	Becky Herbig
Attendees	Becky Herbig: RJ-Herbig@wiu.edu Diane Hudson: Dm-hudson@wiu.edu Carmen Sedlock: Csedlock35@gmail.com Aaron Comer: aaroncomer94@gmail.com Raven Overton-Price: Rm-overton-price@wiu.edu Raquel Burns: eurosSmiley@gmail.com Chelsea Wehrle: cl-wehrle@wiu.edu Rose Patton: Rosiekitty@mchsi.com Ryan Colclasure: rm-colclasure@wiu.edu

Agenda Topic	Recruitment opportunity
Discussion	10/27 (Raquel). Need 5x7 flier to hand out (to include Facebook page, Mission statement, types of events/community outreach) - Diane will create and get to Ryan before event If Like/Share Psych Club Facebook page give gift Ryan will check with Curtis about tablecloth
Conclusion	Completed

Agenda Topic	Mind, Body, & Soul
Discussion	Thursday 11/30/2017 beginning at 3:30 pm to 5:00 pm Set-up to begin at 3:00 pm Each speaker has approximately 25 minutes Dr Freda Tyson secured to speak about the physical body, Diane will speak about Soul (provide guided meditation), and Marion (hypnotist) Food/Drinks to be requested by Treasurer, Carmen Sedlock, to include items purchased from HyVee (total budget \$200): sandwich trays, whole fruit, water, and iced tea. Facebook prize give-a-way of Psych Club stress brains, post-it booklets - to enter to win Like and Share event on Facebook. Ask classes to RSVP for approximate number of attendees, one week prior to event. Curtis will reserve room 111. No meeting on 11/30, meeting will be brief before event. Becky will complete flier and get to Curtis to post.

Conclusion	Continue discussion at next meeting.
------------	--------------------------------------

Agenda Topic	Manage Your Stress Week
Discussion	<ul style="list-style-type: none"> - Manage Your Stress Week - Psych Club Study Lounge <ul style="list-style-type: none"> - Tuesday, December 5th - Block room for 5 hours (11 am - 4 pm)Relaxed music, snacks, stress balls, study help. - Becky will ask professors to stop in - Invite other clubs to be involved - Flier to be completed by 11/2 meeting
Conclusion	Continue to develop and discuss at upcoming meetings.

Agenda Topic	Other topics discussed
Discussion	<ul style="list-style-type: none"> - Group photo on 10/19 at the Counseling Associations Wear Purple event in Building C Atrium - Need to get websites updated (student activities pages) - Inventory of give-a-way items to be completed by Becky & Carmen. - Get link from Curtis for Give-A-Way Items website- Discuss at next meetings. - Festival of Trees - does the club want to decorate a tree or gingerbread house for the Festival? <ul style="list-style-type: none"> - Rose will have more details at 11/2 meeting - Diane will not be at 11/2 meeting due to teaching CPR classes on campus, Becky will take notes
Conclusion	Continue discussion at upcoming meetings

Next Meeting: November 2, 2017

Location: Rm #2222

Time: 1:30-2:30