### **Counseling Association**

Western Illinois University - Quad Cities 3300 River Drive Moline, IL 61265

# **Meeting Minutes**



**Counseling Association** 

**January 27th, 2020** 

#### Topics discussed

- 1. Welcome our new Vice President: We would like to welcome a new member to our board filling in the vacant VP position, Montana Mahaffey!
- Career counseling workshop: This informational night of learning will take place
  Tuesday, April 14th from 4:00-6:30PM. The place and more information are TBA.
- New Student Orientation: A new round of CNED students will soon be brought into the program. Be on the look-out for an official time and date as we will be needing volunteers to keep this running smoothly.
- 4. Manage your stress week: This event typically occurs the week before finals and is filled with different events to reduce the stressors of finals. This semester it is planned for the week of **April 27th-May 1st**. We have recurring events that have had success in years past, and student preference, returning for this Spring semester. Additional events ongoing throughout the week will be announced on the listserv. If you would like to help with this event please contact Ashley Dodson at <a href="mailto:am-dodson@wiu.edu">am-dodson@wiu.edu</a> or Lety Huizar at <a href="mailto:l-huizar@wiu.edu">l-huizar@wiu.edu</a>.

#### **Upcoming Events**

1. CNED Graduation Reception: Sunday, May 10th, time is TBA.

## Future Meeting Dates:

- February 2nd
- March 16th
- April 6th
- May 4th

All meetings start at 7:30 and take place in room 2127.