

Counseling Association

Western Illinois University - Quad Cities
3300 River Drive
Moline, IL 61265



COUNSELING ASSOCIATION

Meeting Minutes

November 13th, 2019

Topics discussed

1. **October Donation Drive:** Thank you to those who participated! Family Resources Survivor-services greatly appreciates our donations. I have attached the link to their website if you are interested in further contributing to their needs.
<http://www.famres.org/services/survivor-services>
2. **November workshop:** This informational night of learning will take place **Monday, November 18th from 5:00-7:30PM in room 2406**. Counseling professionals from the community will be in attendance to share their experience in the work field and answer questions pertaining to their jobs. The theme for the night is "*Navigating the Worlds of Play and Adventure Therapy*". The workshop outline is as follows:
 - **5:00 to 5:15-** Check-in and Counseling Association Board Introductions
 - **5:15 to 6:00-** Presentation from Emily Gordon, Family Resources
 - **6:00 to 6:45-** Presentation from Ben Layer, PURPOSE
 - **6:45 to 7:30-** Presentation from Shannan Child, Davenport School Counselor

We kindly ask that you please bring questions to keep our guests engaged. If you have any questions or would like to help with this event please contact Ashley Dodson at am-dodson@wiu.edu or Lety Huizar at l-huizar@wiu.edu.

3. **New Student Orientation Reception:** Come welcome the newest members to our program! The reception will take place **Tuesday, November 19th in the Atrium** following the orientation (**6:30PM**). If you are interested in helping with set up for the reception

please contact Ashley Dodson at am-dodson@wiu.edu or Lety Huizar at l-huizar@wiu.edu.

4. **Manage your stress week:** This event typically occurs the week before finals and is filled with different events to reduce the stressors of finals. We have planned donuts with refreshments on Wednesday (12/04) and comic strip board outside of the counseling lab. Additional events ongoing throughout the week will be announced on the listserv. If you would like to help with this event please contact Ashley Dodson at am-dodson@wiu.edu or Lety Huizar at l-huizar@wiu.edu.

Upcoming Events

1. November Workshop, Monday, November 18th at 5:00PM.
2. New Student Orientation Reception, Tuesday, November 19th at 6:30PM.

Future Meeting Dates:

- To be announced next semester.

All meetings start at 6:30 and take place in room 2406.